

 THE WATERMARK  
AT NAPA VALLEY

ÉLAN COLLECTION



INDEPENDENT LIVING · ASSISTED LIVING · THE BRIDGE · MEMORY CARE



# The good life begins here.



A life in balance, infused with contentment and well-being. A thoughtfully designed environment that is rustic, yet refined. Expertly curated care, engaging activities, exceptional dining.

The Watermark at Napa Valley is in the heart of one of the world's most renowned travel destinations. Surrounded by rolling hills and vineyards, immersed in the region's elegant food and wine culture, this community for seniors features stylish residences, world-class dining, and endless opportunities for exploration.

With Independent Living, Assisted Living, The Bridge, and Memory Care options focused on helping residents grow and thrive—along with integrative wellness programs and unrivaled amenities and services—this is the ideal place to discover a lifestyle of joie de vivre.

# Where the living is easy.

Boasting open floor plans, modern architecture, and rustic details, our light-filled residences at The Watermark at Napa Valley allow residents to take full advantage of the surrounding scenery. Expansive outdoor areas, including a heated courtyard, provide the perfect environment for quiet reading and reflection, outdoor yoga, or a friendly game of bocce or pickleball.

Upscale amenities and services abound as well: cultural and wellness programs, a fitness center and luxury spa, a theater and art studio, even a wine bar—a must in wine country, of course—and concierge service makes it easy to savor all that Napa has to offer, from the area's Michelin-starred restaurants to shopping and other excursions.

The Watermark at Napa Valley is a true sanctuary where engagement and enrichment go hand in hand.



# Four levels of exceptional care.

The Watermark at Napa Valley offers studios as well as one- and two-bedroom residences—all with access to expert care tailored to fit members' lifestyles. Each home features kitchens or kitchenettes, spacious bathrooms with walk-in showers, formal dining rooms, and floor-to-ceiling windows affording prime views of the rolling Napa hills.



## INDEPENDENT LIVING

Here, Independent Living means *carefree* living. In addition to the wealth of activities and amenities such as gourmet dining, our spa, and nearby Napa attractions, it's easy to make connections and pursue just about any interest. We'll provide as much support as needed and desired.

## ASSISTED LIVING

Our Assisted Living residences create a nurturing atmosphere in a refined luxury setting. Offerings include access to enriching experiences to keep both the mind and body active, making this a place for wellness, exploration, and enjoyment. From world-class dining to arts and entertainment—along with a spa, fitness center, and salon—it's all right here, in a vibrant community where opportunities for connection are abundant and thoughtful care is present at every step.

## THE BRIDGE

A seamless blend of Assisted Living and Memory Care, The Bridge features private residences in a nurturing environment that provide additional guidance and flexible programming. From social events to unique culinary experiences, along with a host of integrated wellness amenities and educational programs through Watermark University, The Bridge offers an ideal combination of enrichment and engagement.

## MEMORY CARE

The groundbreaking Memory Care program at The Watermark at Napa Valley offers residences on the first floor. It's a loving, nurturing environment designed for those in need of additional comfort and care. Led by our *Nayas*, caregivers who are named after the ancient Sanskrit word for "person of wisdom," Memory Care also includes dedicated dining, integrated wellness programs, and curated activities with the unique needs of these residents in mind. It's a community that provides every individual with opportunities to engage, stay active, and truly feel at home.



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# Feed the body. Nourish the soul.

Napa is one of the world's top food and wine destinations, and our dining experiences at The Watermark at Napa Valley—whether al fresco by the fire pit or at our chef-helmed gourmet restaurants—are inspired by nature's bounty.

1

## THE MARK

The Mark offers formal dining with a focus on the classics: steaks, chops, and homemade decadent desserts baked in-house. This relaxed, but elegant setting also features an extensive wine list that showcases California vintages.

2

## TABOON

Our signature restaurant, Taboon, seeks to embody the ideals of healthy Mediterranean cuisine with enticing food, captivating decor, and welcoming service. Named for its open-hearth bread oven, Taboon focuses on Mediterranean and Middle Eastern flavors. From savory entrees to mouthwatering desserts, our chef's skills at the oven are on display every day in Taboon.

3

## THE W LOUNGE

The W Lounge offers comfort food classics such as burgers, fries, sandwiches, and soups—along with beer from local breweries. But its claim to fame is the exclusive wine bar that features local Napa vintages and hosts wine tastings with local vintners.

4

## THE DEPOT

Warm and welcoming, The Depot is open for breakfast, lunch, and dinner, with a vast and versatile farm-fresh menu that changes with the seasons.

5

## THE GALLERY CAFÉ

The place to catch up with friends for breakfast or lunch over a cup of fresh-brewed coffee or tea, The Gallery Cafe also offers house-made pastries, soups, salads, sandwiches, and hot cereals.





# The way to wellness.

Wellness comes in many forms—for the mind, body, and spirit—and we incorporate it into everything we do at The Watermark at Napa Valley. From programs at our fitness center and spa to yoga and movement classes—along with educational offerings and workshops—it’s an integrative approach that is simply unrivaled.

## VITALITY FITNESS CENTER

Our state-of-the-art Vitality Fitness Center offers something for everyone at every level. Residents can work out with personal trainers on state-of-the-art TechnoGym and StarTrac equipment to build or maintain strength, increase mobility, or target specific fitness goals. Wearable fitness tracking technology is available to measure progress, and Pilates, yoga and tai chi programs promote both movement and balance.

## INDULGE SALON AND SPA

Relaxation and pampering are always on the menu at Indulge, our boutique-style spa, with holistic healing through signature massages, aromatherapy facials, and other body treatments. At the salon, our team of talented stylists provides services including manicures, pedicures, haircuts and coloring, makeup, and more. Looking good is part of feeling good.

## OUTDOOR DECK

The temperate northern California climate allows us to offer outdoor classes such as guided meditations and personal-training sessions on our deck, which features inspiring views of the Napa countryside.

## ADDITIONAL WELLNESS AMENITIES

Along with bocce and pickleball courts, a putting green for golf, and gardening in our organic garden, The Watermark at Napa Valley also hosts preventive health screenings and workshops at our on-site clinic, a variety of activities, experiences, and excursions through the award-winning Watermark University, and many other programs.



NAPA VALLEY FEATURES STYLISH RESIDENCES, WORLD-CLASS DINING, AND ENDLESS OPPORTUNITIES FOR LIVING AN ELEVATED LIFE, RICH IN EXPERIENCES

# A sense of discovery and joy.



The Watermark at Napa Valley is a place for those who love learning and exploring—the ones who recognize that the best things in life aren't necessarily things at all, but experiences to be shared and savored. Whether it's a daylong shopping excursion or simply taking a moment to soak in the view on the patio, here there's always something new to discover. And with our concierge handling the details, it's easy to focus on the fun.

Of course, wine-focused activities and amenities are plentiful. Residents have access to a personal shopper who can track down a special vintage, make recommendations, suggest pairings, and even arrange special winemaker dinners.

## WATERMARK UNIVERSITY

This award-winning collection of offerings features enriching activities and programs. With dozens of courses to choose from, our Watermark University catalog of classes offers topics ranging from art workshops and history lessons, to culinary classes, mindful meditation, and more. Residents are invited to seek out new hobbies and develop new interests through our wide variety of experiences.

## EngageVR®

This virtual reality program immerses residents in exciting digital experiences from exploring the wreck of the Titanic to going on the Apollo 11 moon landing—helping keep minds active and engaged.

## EXTRAORDINARY OUTINGS

The Napa Valley is ripe for exploration, and thanks to our Extraordinary Outings program, nearby towns such as Yountville, St. Helena, and Calistoga become part of the neighborhood. Residents can enjoy a wealth of unique activities, including hot air balloon rides, Calistoga mud baths and warm springs, and more.

A highlight is the Napa Valley Vine Trail, which runs right across the street from our community. Currently a 12.5-mile path along scenic vineyards, rivers, and forests in Napa, the full trail will cover 48 miles from Calistoga to the Ferry Building in San Francisco when finished.

## ADDITIONAL AMENITIES AND SERVICES

Our full suite of amenities and services also includes the following:

- Library
- Fitness and wellness center
- Organic garden
- Screening room
- Outdoor deck for Pilates and yoga
- Gourmet restaurants
- Private dining patio
- Exclusive winemaker dinners
- On-site concierge medical services
- Concierge services
- Culinary programs and classes
- New artist-in-residence program
- Art studio and gallery
- Mindfulness offerings
- Indulge Salon and Spa
- EngageVR® virtual reality program
- Watermark University
- Extraordinary Outings program
- Outdoor barbecues
- Rooftop terrace
- Private prayer room
- Heated courtyard and outdoor fireplace
- Car-charging stations
- Car service
- Extensive program calendar including social events
- Preventive health screenings and education programs
- Housekeeping and laundry services
- Complete residence, building, and grounds maintenance services
- “Best Move of Your Life” move-in coordination service
- Pet-friendly environment, including The WaterBark private fenced dog park
- Bocce ball, pickleball, and putting green areas

# A more thoughtful approach to caregiving.



Napa residents live in one of the world's most desirable destinations, and expect an exceptionally high quality of life.

We make sure our care—customized to every individual at all levels—is exceptional as well. Our caregivers are loving, empathic, and focused on helping each resident thrive. It's no wonder they often come to be considered a second family by residents and their loved ones.

Inspiring joy and purpose is a key part of our care as well, because life at The Watermark at Napa Valley is about more than having an inviting and comfortable place to live. It's about enjoying the things that make life worth living.



**To schedule a private tour,**  
please contact us at 707-345-1480.



RESIDENCES

4055 Solano Avenue, Napa, CA 94558

707-345-1480

[WatermarkNapa.com](http://WatermarkNapa.com)

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